



# Sunday School SYLLABUS

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**Course Name:** Learning Islam through stories  
**Course Stage:** Beginner  
**Stage Theme:** Islamic Foundation and Concepts  
**Level:** 1  
**Ages:** 9-10 years  
**Version:** 1.1

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**Al-Mawrid USA**  
**Ghamidi Center for Islamic Learning**

**Overview:**

This course aims to build a strong foundation for children learning about Islam for the very first time in a classroom setting. The course introduces Islam through Islamic history, personalities, events, and stories. For younger ages, this is the most effective method of introducing concepts like God, prophets, creation, and many others like ethics, morals, human attitude, values, and cultural norms and differences. Also, through historical Islamic events and life stories of mighty prophets of Islam, the course will introduce worship rituals, religious festivals, practices, and utterances of various supplications taught by Prophet Muhammad (peace be upon him). The course will specifically train children to understand, discuss, appreciate, and apply the key message and morals behind these historical events and stories and evaluate their daily lives in the light of this learning.

**Objectives:**

At the end of this course, the students will be able to:

- Narrate the stories of the lives of the Prophets in Islam
- Understand the wisdom behind stories and how to benefit from them
- Narrate various stories from the Quran
- Memorize and recite Prophetic Duas
- Understand worship rituals, the pillars, and the wisdom behind these rituals
- Perform their religious rituals correctly, e.g., ablution and prayer
- Memorize and recite the utterances in prayer
- Learn about religious festivals and their rituals, e.g., Eid and animal sacrifice.

**Delivery Method:**

The method of instruction will be mainly through storytelling and engaging in discussions on the morals of these stories.

## **Course Outline:**

The following list is comprised of suggested topics for the course. The topics may be slightly adjusted based on the need of the class. Additional reading material (if needed) for each session will be available for download from the web portal a week before the session.

**Note:** A weekly lesson plan will be created based on these topics in which memorizing short surahs and dua's and learning short Ahadith will be incorporated in the weekly lessons.

### **1. Introduction**

- › Our course
- › Why does the Quran describe so many stories?
- › How should we benefit from stories?

### **2. What is Islam**

- › The definition of Islam
- › The Foundation
- › Our Beliefs

### **3. Story of the Creation**

- › Allah SWT is our Creator and the Creator of everything else (living or non-living)
- › We recognize Allah SWT through His Attributes (Names of Allah SWT)
- › He created this Universe way before He created us
- › He created many creatures before He created us
- › Three unique creations – Humans, Angels, and Jinns
- › Angels – His ever-obedient servants made from light
- › Humans – His special creation made from earth
- › Jinns – His other creation made from fire
- › Lessons learned

### **4. Story of the Two Universes**

- › Our life on Earth and our life in the Hereafter
- › What is the Hereafter?
- › He will create another Universe different from this Universe for the Hereafter
- › What is the relationship between this life and the Hereafter?
- › End of this universe
- › The Day of Judgment
- › Concepts of Heaven and Hell
- › Lessons learned

### **5. Story of the Grand Test**

- › Allah SWT chose humans and jinns for a grand Test
- › Failing the Test would result in punishment in the Hereafter
- › Passing the Test would result in rewards in the Hereafter
- › Allah SWT helped us by sending His Prophets and Books so we could pass the Test
- › What is the Test – Believing in what is right and acting morally
- › Who can help us now to pass the test? Prophet Muhammad is the last Prophet, and Quran is the last Book of Allah SWT
- › Lessons learned

## **6. Story of Prophet Adam**

- › Creation of Adam & Eve
- › Allah SWT blew His soul in Adam
- › Human qualities and Allah's attributes
- › The discussion with Angels
- › Angels asked to honor him
- › Iblees' (Satan's) defiance
- › Satan is from Jinns, and he is our eternal enemy
- › Living in Jannah (The Garden)
- › Satan trapped Adam to disobey Allah SWT
- › Adam asked for forgiveness with his dua
- › Expulsion from Jannah (The Garden)
- › Lessons learned

## **7. Story of Habel (Abel) and Qabeel (Caine)**

- › The argument between brothers
- › The first murder
- › A crow taught how to bury the dead
- › Lessons learned

## **8. Story of Prophet Nuh (Noah)**

- › Prophethood and long preaching
- › The flood and the boat
- › Son's drowning
- › Lessons learned

## **9. Stories of Aa'd & Thamud**

- › Prophets sent to different nations
- › Powerful people
- › The Message and their attitude towards the Message
- › Punishment
- › The stories of nations in the Quran
- › Lessons learned

## **10. Story of Prophet Ibrahim (Abraham)**

- › Conflict with his father & his attitude toward him
- › His wisdom in giving the message (story of breaking idols)
- › Allah's test – putting in fire
- › Marriage and children
- › Settling his children in two blessed lands
- › Rebuilding the Ka'aba (The House of Allah)
- › Sacrificing his son
- › Allah SWT honoring his sacrifice
- › Allah SWT's promise for his progeny
- › Lessons learned

## **11. Story of Prophet Ismael (Ishmael)**

- › His role in the Sacrifice and his obedience to Allah SWT
- › His role in the rebuilding of Ka'aba
- › His progeny and their responsibilities
- › Custodian of Ka'aba
- › Lessons learned

## **12. Story of Ka'aba (The House of Allah SWT)**

- › When was Ka'aba first built?
- › When was it made the Qibla (a place-to-turn-to for worship)?
- › What is its significance, and why was it established?
- › The symbolic meaning of Tawaf (circling around) of Ka'aba
- › Umrah and Hajj – Why do we go there?
- › Lessons learned

## **13. Stories of Prophet Ishaq (Isaac), Yaqoob (Jacob), and Yusuf (Joseph)**

- › Family tree of Ibrahim – A noble family of prophets
- › A unique story in the Quran – the story of Prophet Yusuf
- › Yusuf's brothers & their relationship
- › Gift of interpreting dreams
- › His dream
- › Thrown into a well
- › Life in Egypt
- › His time in the prison
- › Appointment as the Minister
- › His administration skills
- › Dream fulfillment – Meeting with his parents and brothers
- › Lessons learned

## **14. Story of Prophet Shoab**

- › The problem of the people of Madyan

- › The punishment
- › Lessons learned

#### **15. Story of Prophet Musa (Moses)**

- › Egypt and Egyptian Pharaoh
- › Circumstances at the time of his birth
- › A grave test for his mother
- › Pharaoh's kind wife
- › Growing up in the palace
- › Accidentally killing an Egyptian
- › His escape to Madyan
- › Helping women and his marriage
- › Prophethood
- › His miracles
- › Freeing the Children of Israel from the rule of a tyrant king
- › Hijrah (migration) to Jerusalem
- › Lessons learned

#### **16. Story of the Children of Israel and the Cow**

- › A crime committed
- › Instruction to slaughter a cow
- › People's attitude toward the instruction
- › Lessons learned

#### **17. Story of Ashab-e- Kahaf (People of the Cave)**

- › Surah Kahaf – A unique Surah of the Quran
- › Youth facing hardship for their beliefs
- › Allah made them sleep for a few hundred years
- › How many years did they sleep?
- › Allah SWT saved them and honored them
- › Lessons learned

#### **18. Story of the owner of two gardens**

- › His dialogue with a servant of Allah SWT
- › Blessings are a test from Allah SWT
- › His gardens destroyed
- › Lessons learned

#### **19. Story of Musa and Khidr**

- › Musa on a journey
- › Musa wants to learn from Khidr
- › Incident of breaking a ship

- › Incident of harming a child
- › Incident of repairing a wall
- › Hidden wisdom behind the incidents
- › Lessons learned

## **20. Story of Dhul Qarnain, the King**

- › Dawud, a warrior
- › The rule of Dawud and his prophethood

## **21. Stories of Dawud (David) and Suleiman (Solomon)**

- › Dawud, a warrior
- › The rule of Dawud and his prophethood
- › His voice and praise of Allah SWT
- › His test from Allah SWT
- › Prophet Suleiman's prophethood and Kingdom
- › His Miracles
- › Queen of Saba (Sheba)
- › Building of a worship place still considered sacred
- › Prophet Suleiman's death
- › Lessons learned

## **22. Story of Harut and Marut**

- › The two angels teaching magic as a test
- › The magic of Babylon
- › Magic and its effects
- › Lessons learned

## **23. Story of Prophet Yunus (Jonah)**

- › Prophethood
- › Preaching and demotivation
- › Disobeying Allah SWT and punishment
- › His dua and forgiveness from Allah SWT
- › Return and completion of his mission
- › Lessons learned

## **24. Story of Prophet Ayyub (Job)**

- › Prophethood
- › Wealth & Piety
- › Illness and Poverty
- › Patience and Repentance
- › Lessons learned

## **25. Story of Zakariah (Zechariah)**

- › The Guardianship of Mary
- › His dua for having a child in old age
- › Lessons learned

## **26. Story of Isa (Jesus)**

- › Miraculous Birth
- › Other Miracles
- › The last prophet sent to Children of Israel
- › Defiance of the Jews
- › Betrayal and attempt to kill Isa
- › His death and ascension
- › Lessons learned

## **27. Story of the revelation of the Quran**

- › Prophet Muhammad and Quran
- › When was it revealed?
- › Experience of the first revelation Surah
- › His wife's support
- › Lessons learned

## **28. Story of Hadith**

- › What is a hadith?
- › How does a hadith reach us?
- › Excellent source of learning about the life of Prophet Muhammad
- › Lessons learned

## **29. Stories of Prophet Muhammad's beautiful character**

- › The character of Prophet Muhammad SAW
- › Prophet Muhammad has the best examples for us
- › The story of upholding justice – Al-Fudoul confederacy (Hilf-al-Fudoul)
- › Lessons learned
- › The story of wisdom – Settling the dispute of the Black Stone
- › Lessons learned
- › The story of honesty – Taking care of Khadijah's business
- › Lessons learned
- › The story of showing mercy to the enemies – Journey to Ta'if (A city in Arabia)
- › Lessons learned
- › The story of gratefulness towards Allah SWT – Worshipping long hours
- › Lessons learned
- › The story of not to hurt someone's feelings – Eating all the fruits
- › Lessons learned
- › The story of appreciating the inner goodness – Selling Zaher as a slave



- › Lessons learned
- › The story of intuition – the pact of Hudaibiya
- › Lessons learned
- › The story of forgiveness – Conquest of Makkah
- › Lessons learned

### **30. Stories of the companions (Sahaba) of the Prophet**

- › Story of Bilal's acceptance of Islam
- › Lessons learned
- › Story of Salman Farsi searching for the truth
- › Lessons learned
- › Story of Musab Bin Umair leaving his luxurious life for the sake of Islam
- › Lessons learned

### **31. Story of Salah (Prayers)**

- › History of Salah
- › Why do we pray?
- › Our relationship with Allah SWT
- › The attributes of Submission and Gratitude
- › Worship and rituals
- › How to pray?
- › Duas in Salah
- › Lessons learned

### **32. Story of Fasting**

- › History of fasting
- › Why do we fast?
- › Fasting in Ramadan and other times
- › Fasting, sharing and kindness
- › How to fast?
- › Dos and Don'ts of fasting
- › Lessons learned

### **33. Story of Taraweeh**

- › The prayers of Taraweeh
- › Taraweeh prayers in the mosque
- › Taraweeh in Ramadan
- › Lessons learned

### **34. Story of Zakah (Charity)**

- › History of Zakah

- › Charity, sharing and kindness
- › Why charity is mandatory?
- › Who should we help?
- › What if we don't help others in times of need?
- › Lessons learned

### **35. Story of Hajj (Pilgrimage)**

- › History of Hajj
- › A symbolic war against Satan
- › Utterances in the Hajj
- › Lessons learned

### **36. Story of Religious Festivals – Eid-al-Fitr and Eid-al-Adha**

- › History of festivals
- › Religious festivals and other festivals
- › Ramadan and Eid-al-Fitr
- › Eid-al-Fitr, sharing and kindness
- › Eid-al-Adha
- › Eid-al-Adha and Hajj
- › Commemorating Ibrahim's sacrifice of his son
- › Festivals and celebrations
- › Lessons learned

### **37. Story of a day in a Muslim's life**

1. Habit of 'early to bed and early to rise'
2. Waking up in the morning with a Prophetic dua
3. Prophetic dua for entering into the bathroom
4. Importance of cleanliness in a Muslim's life
5. Hadith on cleanliness
6. Making Wudu for Fajr
7. The procedure of Wudu
8. Prophet dua before and after Wudu
9. Praying Fajr Salah
10. Longer recitation of Quran in Fajr Salah
11. Reward of praying in the mosque
12. Prophetic dua for leaving the house
13. Prophetic dua for entering into the mosque
14. Etiquettes of mosque
15. Prophetic dua for leaving the mosque
16. Prophetic dua for entering the house
17. Breakfast time – etiquettes of eating
18. Prophetic dua for starting and finishing the food
19. Getting ready for the school

20. Prophetic dua for wearing a new dress
21. Arriving school on time
22. Importance of time in a Muslim's life
23. Our relationship with the teachers
24. Our relationship with our friends
25. Choosing your friends
26. Dealing with our Muslim and non-Muslims friends
27. Prophetic dua for increase in knowledge
28. Helping others
29. Dealing with someone who does not treat you nicely
30. Making dua for others
31. Finishing your homework early – excel in everything
32. Guard your prayers – praying Zuhr, Asr and Maghrib prayers
33. Spending time with family
34. Kindness towards your siblings
35. Helping your parents
36. Praying Isha before going to bed
37. Remind yourself of all the blessings of Allah SWT
38. Prophetic way of remembering Allah SWT
39. Check your day – what did I do good, what did I do bad?
40. Prophetic dua for going to bed
41. Etiquettes of sleeping

### **38. Revision & Farewell**